

# REACHING NEW HEIGHTS TOGETHER



11th BIENNIAL  
NARFE REGION VII CONFERENCE  
OCTOBER 2,3,& 4, 2011  
ALBUQUERQUE, NEW MEXICO

*Paul O'Shea*

## Great News!



There is a valuable opportunity for Federal Retirees.



Did you know that if you are currently entitled to Medicare Part A, enrolled in Medicare Part B and live in Bernalillo, Sandoval, Valencia, Torrance or Santa Fe County, Lovelace Health Plan (LHP) and Lovelace Medicare Plan (LMP) offer a valuable opportunity for Federal Retirees.

For \$0 monthly premium enrolling on the LMP Standard HMO Plan in addition to your LHP-FEHBP membership, your benefits would include:

- Co-payments for services that are covered on both plans are reduced to \$0.
- Co-payments for medications that are covered on both plans are reduced to \$0.

If you are interested in enrolling on the Lovelace Medicare Plan, please call our office at

**505.727.5300**

or 1.800.262.3757 toll free or TTY/TDD -711. Our hours of operation are seven days a week from 8:00 am to 8:00 pm.



you're going to love Lovelace.

**Lovelace**  
Medicare Plan  
HMO | HMO-POS

Medicare Advantage Plan with a Medicare Contract.

# REGION VII ELEVENTH BIENNIAL CONFERENCE

**“REACHING NEW HEIGHTS TOGETHER”**



**NARFE REGION VII**

**Arizona, Colorado, New Mexico, Utah and Wyoming**

**REGION VII VICE PRESIDENT**

**Betty Lucero-Turner**

**NEW MEXICO FEDERATION OF CHAPTERS**

Leon Garcia, PhD, President

**HOST COMMITTEE CHAIR**

Gloria Delgado, Albuquerque Chapter 80

**HOST CHAPTERS**

Albuquerque Chapter 80

Rio Rancho Chapter 1381

Duke City Chapter 1411

**October 2-4, 2011**

**Sheraton Albuquerque Uptown Hotel**

**2600 Louisiana Boulevard NE**

**Albuquerque, New Mexico 87110**

**505.881.0000**

**REGION VII CONFERENCE**  
**Sheraton Uptown – Albuquerque, New Mexico**  
**October 2-4, 2011**  
**AGENDA**

**Sunday, October 2**

- |                   |   |
|-------------------|---|
| 1:00 – 4:00 p.m.  | Registration ( <b>GALLERIA</b> )  |
| 12:00 – 5:00 p.m. | Facility/Exhibitor Setup ( <b>GALLERIA</b> )  |
| 3:00 – 4:15 p.m.  | Session – “Membership Recruitment and Retention”, Frank Impinna, Colorado Federation President, Presenter, ( <b>SONATA ROOM</b> ) |
| 3:00 – 4:15 p.m.  | Session – “The Importance of Mentoring”<br>Nathaniel Brown, Past National Secretary, Presenter<br>( <b>SERENADE ROOM</b> )        |
| 5:00 – 6:00 p.m.  | Social Hour, cash bar (tickets required)( <b>ROXY ROOM</b> )  |
| 6:00 p.m.         | Dinner on your own  |

**Monday, October 3**

- |                    |   |
|--------------------|---|
| 6:30 – 8:00 a.m.   | Breakfast on your own   |
| 7:00 – 8:00 a.m.   | Registration ( <b>GALLERIA</b> )  |
| 7:50 – 8:00 a.m.   | Door Prize Drawing  |
| 8:00 – 9:00 a.m.   | Opening Ceremony ( <b>REGAL/WURLITZER</b> )<br>Welcome - Leon Garcia, New Mexico Federation President<br>Announcements<br>Invocation<br>Posting of Colors - Sandia High School Junior ROTC<br>Pledge of Allegiance<br>Welcome to New Mexico – Richard Berry, Mayor of Albuquerque<br>Gavel to Betty Lucero-Turner, Region VII RVP |
| 9:00 – 9:10 a.m.   | Call to Order, Betty Lucero-Turner, Region VII RVP<br>Introduction of Guests and Agenda   |
| 9:10 – 10:00 a.m.  | Keynote Address: Paul Carew, National Vice President  |
| 10:00 – 10:30 a.m. | Break ( <b>GALLERIA</b> ); Proceed to assigned breakout rooms   |
| 10:30 – 11:45 a.m. | BREAKOUT SESSIONS   |

**Monday, October 3 (continued)**

1. Chapter Leadership/Responsibilities and Evaluation of Running a Chapter –  
Presenter: Linda Connelly, Past Arizona Federation President **(RED GROUP)**  
**(SONATA ROOM)**
2. Legislation and NARFE-PAC – Russ Boor, Past Regional Vice President, Region VII and  
Lucy Garcia, New Mexico Federation NARFE-PAC Chair  
**(BLUE GROUP) (WURLITZER ROOM)**
3. Vision of NARFE's Future – Panel – Rodney Adelman, Arizona Federation President;  
Frank Impinna, Colorado Federation President; Leon Garcia, New Mexico Federation  
President **(YELLOW GROUP)**  
**(REGAL ROOM)**

12:15 – 1:25 Lunch – **(REGAL/WURLITZER ROOM)** -- tickets required

12:50 – 1:25 Luncheon Speaker – David Phillips, PhD, Curator, Maxwell Museum, University of New  
Mexico

**GENERAL SESSION RECONVENES (REGAL/WURLITZER ROOM)**

1:35 – 1:45 p.m. Door Prize Drawing

1:45 – 2:40 p.m. Betty Lucero-Turner Region VII VP – Introduction of Federation Presidents'  
Reports (10 minutes each)  
Rodney Adelman, Arizona  
Frank Impinna, Colorado  
Leon Garcia, New Mexico  
Marla Ramey, Utah  
Ed Chase, Wyoming

2:40 – 3:00 p.m. Break **(GALLERIA)**; Proceed to your assigned breakout rooms

3:00 – 4:15 p.m. Three breakout sessions

1. Chapter Leadership/Responsibilities and Evaluation of Running a Chapter –  
Presenter: Linda Connelly, Past Arizona Federation President **(BLUE GROUP)**  
**(SONATA ROOM)**
2. Legislation and NARFE-PAC – Russ Boor, Past Regional Vice President, Region VII and  
Lucy Garcia, New Mexico Federation NARFE-PAC Chair  
**(YELLOW GROUP) (WURLITZER ROOM)**
3. Vision of NARFE's Future – Panel – Rodney Adelman, Arizona Federation President;  
Frank Impinna, Colorado Federation President; Leon Garcia, New Mexico Federation  
President **(RED GROUP) (REGAL ROOM)**

**Monday, October 3 (continued)**

**EVENING FESTIVITIES (REGAL/WURLITZER ROOM)**

6:00 – 7:00 p.m. Social hour, cash bar  
7:00 – ? Banquet  
Presentations  
Entertainment

**Tuesday, October 4**

**GENERAL SESSION CONVENES (REGAL/WURLITZER ROOM)**

7:50 – 8:00 a.m. Door Prize Drawing  
  
8:00 – 8:05 a.m. Announcements  
  
8:05 – 8:45 a.m. Dan Adcock, National Legislative Director (skyped)  
  
8:45 – 9:00 a.m. Alzheimer’s Report – Nancy Goldcamp, Region VII Coordinator  
FEEA Report – Eva Heller, Region VII Coordinator  
  
9:00 – 10:15 a.m. Breakout Sessions

1. Chapter Leadership/Responsibilities and Evaluation of Running a Chapter –  
Presenter: Linda Connelly, Past Arizona Federation President **(YELLOW GROUP)**  
**(SONATA ROOM)**
2. Legislation and NARFE-PAC – Russ Boor, Past Regional Vice President, Region VII and  
Lucy Garcia, New Mexico Federation NARFE-PAC Chair  
**(RED GROUP) (WURLITZER ROOM)**
3. Vision of NARFE’s Future – Panel – Rodney Adelman, Arizona Federation President;  
Frank Impinna, Colorado Federation President; Leon Garcia, New Mexico Federation  
President **(BLUE GROUP) (REGAL ROOM)**

10:15 -10:45 a.m. Break **(GALLERIA)**; Proceed to General Session

**GENERAL SESSION RECONVENES (REGAL/WURLITZER ROOM)**

10:45 – 11:25 a.m. Breakout Session Leader Reports  
  
11:25 – 12:00 noon Open Forum – Moderator: Betty Lucero-Turner, Region VII VP; Rodney  
Adelman, Arizona Federation President; Frank Impinna, Colorado Federation  
President; Leon Garcia, New Mexico Federation President; Marla Ramey, Utah  
Federation President; and Ed Chase, Wyoming Federation President  
  
12:00 NOON End of Regional Conference



## State of New Mexico

Susana Martinez  
Governor

### ***A WELCOME MESSAGE FROM GOVERNOR SUSANA MARTINEZ***

*As Governor of New Mexico, I am pleased to welcome you to Albuquerque for the 11<sup>th</sup> Biennial Conference for National Active and Retired Federal Employees Association Region VII. It is a pleasure to have you join us here in the Land of Enchantment.*

*The National Active and Retired Federal Employees Association (NARFE) is the only association solely dedicated to safeguarding and enhancing the benefits of America's active and retired federal employees, and their survivors. NARFE's total membership includes 300,000 federal workers and retirees.*

*Best wishes for a successful conference and enjoy your stay in New Mexico.*

*Sincerely,*

A handwritten signature in black ink that reads "Martinez".

*Susana Martinez  
Governor of New Mexico*



STATE OF NEW MEXICO EXECUTIVE OFFICE SANTA FE, NEW MEXICO

# Proclamation

**WHEREAS**, THE NATIONAL ASSOCIATION OF ACTIVE AND RETIRED FEDERAL EMPLOYEES (NARFE) WAS FOUNDED BY 14 FEDERAL WORKERS IN 1921; AND

**WHEREAS**, THIS YEAR, NARFE IS CELEBRATING ITS 90<sup>TH</sup> ANNIVERSARY AND CONTINUES TO SERVE AS THE ONLY ASSOCIATION DEDICATED TO ENSURING FEDERAL EMPLOYEES AND RETIREES RECEIVE NOT ONLY THE BENEFITS THEY HAVE EARNED BUT ALSO THE RECOGNITION THEY DESERVE FOR SERVICE TO OUR COUNTRY; AND

**WHEREAS**, NARFE HAS ALWAYS BEEN A MAJOR VOICE ACROSS THE NATION WITH 1,400 CHAPTERS THAT PROVIDE ADVICE AND ASSISTANCE IN AREAS SUCH AS ADVOCACY ON BEHALF OF THE FEDERAL WORKER AND RETIREE; ENROLLING NEW MEMBERS; PRE-RETIREMENT SEMINARS IN REGARDS TO RIGHTS; VOLUNTEERING; VISIBILITY FOR FEDERAL EMPLOYEES AND RETIREES; STAFFING SERVICE CENTERS; AND RAISING FUNDS FOR ALZHEIMER'S RESEARCH; AND

**WHEREAS**, NARFE PROMOTES THE GENERAL WELFARE OF CURRENT AND POTENTIAL FEDERAL ANNUITANTS BY PROMOTING BENEFICIAL LEGISLATION AND PARTNERSHIPS WITH OTHER ORGANIZATIONS THAT HAVE SIMILAR GOALS OF PROTECTING THOSE WHO HAVE SERVED THEIR NATION; AND

**WHEREAS**, NARFE IS AN APPRECIATED ASSOCIATION BY ITS MEMBERS WHO LOOK TO IT FOR GUIDANCE AND PROTECTIONS TO THEIR RIGHTS AND BENEFITS AND ACCESS TO HIGH QUALITY SERVICE AND PRODUCTS; AND

**WHEREAS**, THE STATE OF NEW MEXICO IS HONORED TO HOST THIS GATHERING OF ORGANIZED ACTIVE AND RETIRED FEDERAL EMPLOYEES,

**NOW, THEREFORE I**, SUSANA MARTINEZ, GOVERNOR OF THE STATE OF NEW MEXICO, DO HEREBY PROCLAIM THE 2<sup>ND</sup> THROUGH THE 4<sup>TH</sup> OF OCTOBER 2011 AS

## “NATIONAL ASSOCIATION OF ACTIVE AND RETIRED FEDERAL EMPLOYEES DAYS”

THROUGHOUT THE STATE OF NEW MEXICO.

SIGNED AT THE EXECUTIVE OFFICE THIS 20<sup>TH</sup> DAY OF JULY 2011.

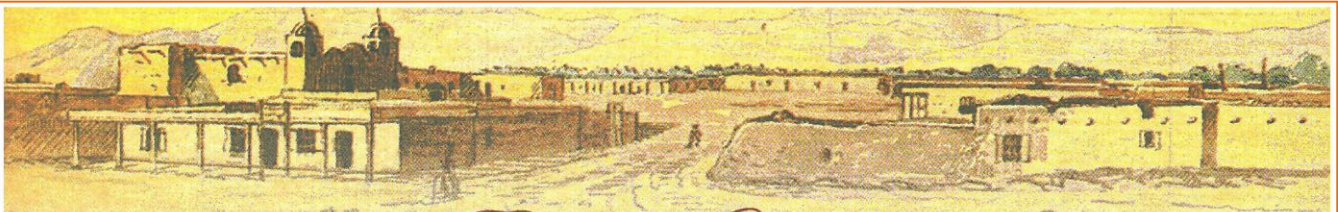
WITNESS MY HAND AND THE GREAT SEAL OF THE STATE OF NEW MEXICO.

  
SUSANA MARTINEZ  
GOVERNOR

ATTEST:

  
DIANNA J. DURAN  
SECRETARY OF STATE





*Executive Order  
From the  
Office of the Mayor*

*Whereas, the National Association of Active and Retired Federal Employees (NAARFE) was founded by 14 federal workers in 1921; and*

*Whereas, this year, NAARFE is celebrating its 90<sup>th</sup> Anniversary by continuing to be an association that represents some five million federal workers, retirees, spouses, and their survivors; and*

*Whereas, NAARFE has always been a voice across the nation with 1,400 chapters that provide advice and assistance on behalf of the federal worker and retiree; enrolling new members; pre-retirement seminars; volunteering; staffing service centers; and raising funds for Alzheimer's research; and*

*Whereas, NAARFE promotes the general welfare of current and potential federal annuitants by promoting beneficial legislation and partnerships with other organizations who have similar goals of protecting those who have served their nation; and*

*Whereas, the City of Albuquerque is honored to host this gathering of active and retired federal employees; and*

*Now, Therefore, I, Richard J. Berry, Mayor of the City of Albuquerque, do hereby proclaim, October 3rd, 2011, as:*

*"National Association of Active & Retired Federal Employees Day"*



*11-51  
Order No.*

*Richard J. Berry*  
Richard J. Berry, Mayor

Attest:  
*Amy B. Bailey*  
Amy B. Bailey, City Clerk



**NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES**  
**REGION VII – ARIZONA, COLORADO, NEW MEXICO, UTAH AND WYOMING**

Dear Conference Attendees,

Welcome to the 11<sup>th</sup> Biennial Region VII Conference. The theme chosen by the Host Committee “**Reaching New Heights Together**” exemplifies the priority placed on the importance of teamwork necessary to meet the political and economic challenges NARFE faces today.

As you know, this year marks the 90<sup>th</sup> anniversary of NARFE. Our mission has remained the same over the years – to enhance and protect the benefits of federal workers, retirees and survivors. Today our resolve and commitment to oppose any legislation that would diminish our earned benefits will be tested over and over again. We must remain united and focused to fight those legislative challenges!

Regional Conferences are held to give attendees an opportunity to hear from our National Office, and to develop new skills or sharpen present skills through various training sessions offered. In Region VII we believe that good training leads to good leadership; therefore, it is a priority. It also provides participants with an opportunity to exchange ideas with other attendees thereby adding to their skill sets.

I want to personally express my appreciation to each of you for the challenging work you undertake on a daily basis to make NARFE what it is today. You are the backbone of the association and NARFE’s success is a direct result of your efforts. I hope you will continue to put your ideas and talents to good use by supporting NARFE during the critical times we face ahead.

Warmest Regards,

*//signed//*

Betty Lucero-Turner  
NARFE Region VII Vice President



## TO OUR NARFE REGION VII MEMBERS AND GUESTS

Welcome to the 11<sup>th</sup> Region VII Conference, the State of New Mexico, and our beautiful City of Albuquerque. Albuquerque Chapter 80, Duke City Chapter 1411, and Rio Rancho Chapter 1381 are pleased and honored to be your Hosts. Our hope is that what you will learn and experience here in the next two days will inspire you to continue your dedication to the mission of NARFE while “Reaching New Heights Together.”

Under the capable leadership of our Region VII Vice President, Betty-Lucero Turner, the Conference will highlight five seminars: (1) Chapter Leadership/Responsibilities and Evaluation of Running a Chapter; (2) Legislation and NARFE-PAC; (3) Vision of NARFE’s Future; (4) Recruitment and Retention; and (5) The Importance of Mentoring. These seminars are designed to inform and to educate our members about NARFE so that you will be capable of sharing this important information with other members and/or potential members.

We are also happy that you have come to Albuquerque during Balloon Fiesta season. We urge you to take time to experience the beauty of the biggest gathering of Hot Air Balloons in the world. There are also many other interesting places to visit such as Old Town, the Museum of Natural History, Bio-Park, ABQ Uptown Shops, Coronado Shopping Mall, and, of course, Indian Casinos!

Our Committee has spent many hours this year planning and preparing for this Conference. A special “thank you” goes to our Region VII VP; Committee Board Members; Program Book Chair; Registration Committee; and Door Prize Committee for their dedication and hard work.

We sincerely “thank” all of you for being here to help us make the 11<sup>th</sup> Region VII Conference in New Mexico a complete success!

Sincerely,

*//signed//*

Gloria M. Delgado  
Conference Coordinator

## KEYNOTE SPEAKER



**PAUL H. CAREW**  
**NATIONAL VICE PRESIDENT**

Paul H. Carew of Pittsboro, NC, was elected National Vice President at NARFE's 31st Biennial National Convention in Grand Rapids, MI, August 29-September 2, 2010.

A NARFE member since 1994, Carew is a member of NARFE Chapter 2108 in Chapel Hill, NC. He has served in numerous local and state elected offices in NARFE, including president of the North Carolina Federation and most recently regional vice president of Region X.

His federal civilian service includes 38 years with the Department of Defense, the last 23 years with the Defense Nuclear Agency. He was a charter member of the Senior Executive Service and was the recipient of the Defense Department Meritorious and Exceptional Civilian Service Medals.

Mr. Carew retired in 1996 and moved to North Carolina. Following retirement, he was a consultant on technical programs with the Department of Defense. He is a member of the board of directors of several organizations. He also co-authored "Vanguard of American Atomic Deterrence," which addresses the early part of the Cold War.

Mr. Carew holds a bachelor's degree from Monmouth College, and a master's and doctorate in public administration from the University of Southern California focusing on policy analysis and organizational development. He is a veteran of the U.S. Army and served during the Korean Conflict.

A native of New Jersey, he and his wife, Amelia, have four children and two grandchildren.



**DAN ADCOCK**  
**NATIONAL LEGISLATIVE DIRECTOR**

Daniel C. Adcock was named NARFE legislative director in 2008. He had served as assistant legislative director since 1996.

Adcock joined NARFE as a legislative representative in 1993. He left NARFE for one year in 1998 to serve as executive assistant to Health and Human Services Assistant Secretary for Aging Jeanette C. Takamura.

Prior to joining NARFE, he worked on the staff of two subcommittees of the House Committee on Education and Labor—the Subcommittee on Employment Opportunities and the Subcommittee on Human Resources. He also served as legislative assistant to Rep. Matthew G. Martinez, CA, and at the U.S. Departments of Agriculture and Energy.

He received a bachelor's degree from Western State College in Gunnison, CO, and a master's degree in political science from American University in Washington, DC.

He lives in Silver Spring, MD, with his wife, Pamela Wasserman, and son, Sammy.



**BETTY LUCERO-TURNER  
NARFE REGION VII VICE PRESIDENT**

Betty Lucero-Turner was elected NARFE Region VII Vice President at the National Convention in September 2010. She assumed the office in November 2010.

She has been a member of NARFE since 2002. Shortly after retiring from the U. S. Department of Labor in 2003, she became actively involved with NARFE. Before being elected as NARFE Region VII Vice President, she occupied the following positions in Colorado: President and Treasurer, Chapter 1769; Vice-President, Statewide Chapter 2339; Colorado Federation President Pro Tem; and Colorado Federation 1<sup>st</sup> Vice President for Membership. The Federation awarded her efforts in 2008 with a Meritorious Service Award and in 2009 she received a Regional Citation for Distinguished Service.

She has an undergraduate degree in Business Administration and a Master's Degree in Public Administration.

Betty is married to Dave Turner who is also active with NARFE, having served as Chapter President. They reside in Pueblo, Colorado.



**LEON E. GARCIA, PHD**

**NEW MEXICO FEDERATION PRESIDENT  
and CONFERENCE COMMITTEE MEMBER**

Leon Garcia began his government career with the US Navy in 1968, serving with the First Marine Division in Vietnam in 1969. He was discharged from the Navy with a medical discharge in December 1970. He began again with the Postal Service in 1972 when he was hired as a postal assistant in Albuquerque. He stayed with the Postal Service until 1986 when he transferred to the Department of Defense upon completing a PhD in Nuclear Engineering. He stayed with the Department of Defense until retirement in 2002.

Leon is married and has three children, two of which are currently enrolled in college – one in New Mexico and one at Carlton College in Minnesota. He and his wife reside in Rio Rancho, New Mexico, where she is completing thirty two years of teaching and will retire in August 2011.



**GLORIA DELGADO**

**CONFERENCE COORDINATOR**

Gloria has been a member of NARFE since 1992. During the past 19 years she has served as Albuquerque Chapter 80 President, VP Membership, VP Legislation, Secretary, Newsletter Editor, and other Committees. Gloria served two terms as NM Federation VP for Membership; two terms as Secretary; and one term as Public Relations Officer. She participated as Co-Chair in two NM State Conventions; served on the NM Committee for the 2006 NARFE National Convention held in Albuquerque; and is the recipient of the NM Federation “Tony Genta” Award for dedicated and meritorious service to NARFE.

Gloria retired from Kirtland AFB NM after 36 years of service where she worked as Secretary, Editorial Assistant, and Writer-Editor. She is married to Dr. Hector Delgado, has a daughter and a son, four grandchildren, and two great grandchildren.

**RODNEY L. ADELMAN**

**ARIZONA FEDERATION PRESIDENT**



Rodney L. Adelman was elected President of the NARFE Arizona Federation of Chapters in May, 2011. Prior to his election, he served as the Arizona Federation Executive VP and as District VP. He's been a member of NARFE since 2001, as a Federal employee in Chapter 1665, Northern Virginia, and as a Federal retiree in Chapter 1789, Sun City West. He served his current Chapter 1789 as President & Secretary and continues as Chapter Legislative Officer & NARFE-PAC Chair. He attended the last six Arizona Federation Conventions, the last three bi-annual National Conventions, two Region VII Conferences and served on the By-laws Committee of the last National Convention in Grand Rapids.

Rodney retired (CSRS) in 2005 as the Deputy Executive Officer, Antitrust Division, U.S. Dept. of Justice after nearly 36 years of Federal service. Rodney's Federal career evolved from budget and financial management to Congressional liaison, and finally administration and management. He graduated from the University of Maryland, majoring in Finance, and continued Public Administration graduate studies at George Washington University in Washington, DC.



**FRANK IMPINNA**

**COLORADO FEDERATION PRESIDENT**

Frank became a NARFE member in 1994, as an active employee with the US Postal Service. Over a 9 year period, he served as Vice President and President of Chapter 2025 in Lakewood, California. He also served as District Vice President on the California Federation Board. He was an instructor for both Federation and District Training Seminars in California. Frank has also been trainer and instructor in Recruitment and Retention, Leadership, and Officer Training at the Federation and District level both in California and in Colorado. He worked on the National Legislative Standing Committee and on several California Federation State Convention committees. He actively participated as a NARFE representative on the California Postal Coalition in 2007 which addressed legislative issues. In August 2008 he purchased a home in Highlands Ranch, CO. and resides with his wife there. They have a daughter who also resides in Highlands Ranch. In 2009 he was elected Colorado Federation President. He is committed to making strides in membership and retention and officer training, Web site enhancements, and communications throughout the State of Colorado.



**MARLA RAMEY**  
**UTAH FEDERATION PRESIDENT**

Marla Ramey has been a member of NARFE since 2002, joining as a survivor annuitant after the death of her husband who had been a Federal employee for almost 40 years. She has experience as a Federal employee having worked as a nurse for the Veterans Administration for almost 10 years.

Marla volunteered for the position of Chapter Secretary/Treasurer in 2003. She was elected to the position of Utah Federation Secretary, a position she held until recently being appointed Federation President.

**EDWARD CHASE**  
**WYOMING FEDERATION PRESIDENT**

Edward E. Chase has been retired since October 1994. He worked for the USDA Farmers Home Administration for 31 years; three years for the USDA Agricultural Stabilization and Conservation Service; and he served in the U. S. Army for two years.

Ed graduated from the University of Wyoming majoring in Agricultural Economics. He became active in NARFE approximately 10 years ago. He has served as Chapter Legislative Officer and was elected Wyoming Federation President in 2008. He spends most of his weekdays delivering meals in Casper, and is the Natrona County Meals on Wheels President elect for the next two years having been Vice President for the past three years.

Ed is married and has two sons.



## BREAKOUT SESSION PRESENTERS

### **Rodney Adelman**

Rodney Adelman has been a member of NARFE since 2001 having joined while he was a current Federal employee. He was elected President of the Arizona Federation of Chapters in May 2011. Prior to his election he served two years as Arizona Federation Executive Vice President and two years as District Vice President. He has also served as Chapter President, Secretary, Legislative Officer and NARFE-PAC Chair.

Rodney retired in 2005 as Deputy Executive Officer, Antitrust Division, U. S. Department of Justice after completing 36 years of Federal service. He held positions in the US Senate and the Departments of Labor, Defense, Energy, and State. His Federal career initially focused on budget and financial management, then Congressional liaison and finally administration and budget. He graduated from the University of Maryland, majoring in Finance, and continued Public Administration graduate studies at George Washington University in Washington, D. C.

### **Nathaniel Brown**

Past National Secretary Nathaniel “Nat” Brown retired from the Office of Personnel Management in 1987 after 32 years of federal service. He was employed by the Navy, Air Force and Treasury departments during his federal career. Nat joined NARFE in 1988. Served as president of the Rancho Barnardo Chapter 1271 in San Diego, California, as well as several standing committees with the California Federation. Nat moved to Beaverton, Oregon in 1993 where he served as Oregon Federation Secretary and President. In 1997 Nat moved to Lake Havasu City, Arizona where he was elected and served three one-year terms as chapter president for Havasu Chapter 1413. He was appointed Secretary of the Arizona Federation in February 2000, until he was elected president of the Arizona Federation for five years. Nat was elected National Secretary in September 2006. He served two two-year terms.

Nat Brown graduated from Pepperdine University in 1958 with a BA Degree in Industrial Psychology. He received an MA Degree in 1960 in Personnel & Industrial Psychology from California State University, Los Angeles. Nat is currently involved in a number of community and church activities. He is an advanced genealogist and spends time helping those who are interested in researching their family history. Nat resides in Vail, Arizona, a suburb of Tucson, Arizona.

## **Russell Boor**

Born in Boise, Idaho, where in 1956 he graduated from the University of Idaho with a B.S. degree in Electronic Engineering. After serving two years as an officer in the army, in 1962 he took a civilian position with White Sands Missile Range in New Mexico where he spent the next 28 years. He retired in 1990 as a GM-15, Chief of the Applied Sciences Division of the Army Material Test Directorate.

Since joining NARFE and the Las Cruces, New Mexico Chapter in 1989, he has been continuously involved in NARFE activities. At the 2002 National Convention he was presented with the National Award for Distinguished Service and Contributions to NARFE's Electronic Communications Capability as the Volunteer National NARFE-NET Coordinator. Was elected to the position of Region VII Vice President in 2004 and re-elected in 2006.

In addition to being a certified volunteer Master Gardner he is dedicated to serving NARFE and protecting the rights and dignity of seniors and presently serves on the Governor's Policy Advisory Committee to the New Mexico Department on Aging and Long Term Services.

## **Linda Connelly**

Born and raised in Joliet, Illinois, Linda Connelly, met her husband John at Lowry Air Force Base, Colorado when they were both serving in the United States Air Force. After tours in Arizona, England and Germany, John retired and Linda started her civil service career at Williams Air Force Base, Arizona. Eventually she became the Chief, Labor and Employee Management Relations. Linda worked at Lajes Field, Azores; and Aviano Air Base, Italy. At all locations, she administered the Employee Benefits programs and presented numerous pre-retirement seminars. While working overseas, she was responsible for implementing the new Federal Employee Retirement System (FERS). She retired in 1993 when Williams Air Force Base closed.

A member of NARFE since 1994, she has served Tempe Chapter 1505 as membership chair for over 10 years, Vice-President for two years and President for three terms (six years). In 2005, she was elected Arizona Federation Vice-President, and moved up to President in 2006. Although elected President in 2007, after serving a few months, she was compelled to resign due to her husband's serious illness. Elected Federation President in 2009, she recently concluded her two year term.

## **Leon Garcia**

Leon Garcia began his government career with the US Navy in 1968, serving with the First Marine Division in Vietnam in 1969. He was discharged from the Navy with a medical discharge in December 1970. He began again with the Postal Service in 1972 when he was hired as a postal assistant in Albuquerque. He stayed with the Postal Service until 1986 when he transferred to the Department of Defense upon completing a PhD in Nuclear Engineering. He stayed with the Department of Defense until retirement in 2002. He is married and has three children, two of which are currently enrolled in college – one in New Mexico and one at Carlton College in Minnesota. He and his wife reside in Rio Rancho, New Mexico, where his wife is completing thirty two years of teaching and will retire in August 2011. Leon Garcia is currently the New Mexico Federation President.

## **Lucy Garcia**

Lucy Garcia completed 27 years as a Federal employee before she retired in 1999. Except for 3 years working for the Food and Drug Administration, the rest of her service was with Department of the Army. Following her husband who was a career soldier, she worked at Fort Hood, Texas; Bamberg, Germany; and Fort Sill, Oklahoma. When her husband retired, she was offered a job as a Staffing Specialist in Heidelberg, Germany. After 5 ½ years she was offered a job at Walter Reed Army Medical Center. She then went to work at the Food and Drug Administration, followed by a move to Fitzsimmons Army Medical Center in Aurora, Colorado, where she helped close the Center. After retiring, she moved to Albuquerque, New Mexico. Shortly after retiring she joined the Rio Rancho Chapter and has served as VP for Legislation; Chapter President; Service Officer and now serves as NARFE PAC coordinator for the Federation. Lucy Garcia and her husband have 3 sons, 5 grandchildren and 3 great grandsons.

## **Frank Impinna**

Frank became a NARFE member in 1994, as an active employee with the US Postal Service. Over a 9 year period, he served as Vice President and President of Chapter 2025 in Lakewood, California. He also served as District VP on the California Federation Board and was an instructor for Federation and District Training Seminars in Recruitment and Retention, Leadership, and Officer Training in both California and Colorado. He worked on the National Legislative Standing Committee, on several California Federation State Convention committees, and participated as a NARFE representative on the California Postal Coalition in 2007 which addressed legislative issues. In August 2008 he and his wife purchased a home near their daughter in Highlands Ranch, Colorado where they currently reside. In 2009 Frank was elected Colorado Federation President. He is committed to improving membership and retention, officer training, Web site enhancements, and communications throughout the State of Colorado.

## HISTORY OF REGION VII

Region VII was first established as Region 13 in 1954 and remained so until July 1968 when it was given its current name.

### Region VII National Field Vice Presidents

1954 – 1960	Thomas E. Howard, Denver, CO
1960 – 1963	George Nichols, Ogden, UT
1963 – 1973	Joe G. Attebery, Phoenix, AZ
1973 – 1976	Robert D. Holtz, Sun City, AZ
1976 – 1984	Eursell Cordell, Albuquerque, NM
1984 – 1991	Russell “Russ” Orten, Westminster, CO
1991 – 1993	Chris Torry, Tempe, AZ
1993 – 1995	Garland Reed, Sun City, AZ
1995 – 2004	Morris “Mory” Lewis, Lakewood, CO
2004 – 2008	Russ Boor, Las Cruces, NM
2008 – 2010	Martha Leiker, Denver, CO
2010 -	Betty Lucero-Turner, Pueblo, CO

### Region VII Biennial Conferences, 1991 – 2011

1. October 24-26, 1991 – Rio Grande Inn, Albuquerque, NM  
Theme: “Strengthening NARFE – The Whole Team”  
Host: New Mexico Federation, President Ted Dehart  
Host Chair: Maxine Simmons, Chapter 80
2. September 26-28, 1993 – Embassy Suites (Safari Resort), Scottsdale, AZ  
Theme: No published theme  
Host: Arizona Federation, President Gordon Koelling  
Host Chair: Lynn Engles and Allan Siemens, Chapter 1686
3. October 22-24, 1995 – Conference Center (Holiday Inn), Estes Park, CO  
Theme: “NARFE – 2000 and Beyond”  
Host: Colorado Federation, President E.P. “Whit” Whitaker  
Host Chair: Patricia “Pat” and Raymond “Ray” Cushing, Chapter 1038

## HISTORY OF REGION VIII (continued)

### Region VII Biennial Conferences (continued)

4. September 14-16, 1997 – Salt Lake Plaza Hotel, Salt Lake City, UT  
Theme: “NARFE, Climbing the Highest Mountains”  
Host: Utah Federation, President Isabel Sullivan  
Host Chair: Isabel and Mack Sullivan, Chapter 155
5. September 23-24, 1999 – Radisson Hotel, Casper, WY  
Theme: “21<sup>st</sup> Century NARFE”  
Host: Wyoming Federation, President David M. Comeaux  
Host Chair: Ann Comeaux, Chapter 358
6. October 15-17, 2001 – Hoidan Inn Mountain View, Albuquerque, NM  
Theme: “We Can Revitalize NARFE Chapters and Federations”  
Host: New Mexico Federation, President Loris DeKay  
Host Chair: Betty Annis, Chapter 1411 and Joyce Scherr, Chapter 1381
7. October 8-10, 2003 – Dobson Ranch Inn Resort, Mesa, AZ  
Theme: “The Future of Chapters in NARFE”  
Host: Arizona Federation, President Nathaniel “Nat” Brown  
Host Chair: Linda Connelly, Chapter 1505
8. October 5-7, 2005 – Radisson Hotel Denver Southeast, Denver, CO  
Theme: “A Roundup of Ideas for a Stronger NARFE”  
Host: Colorado Federation, President Martha Leiker  
Host Chair: Martha Leiker, Chapter 1076
9. October 4-6, 2007 – Marriott University Park, Salt Lake City, UT  
Theme: “Exploring Your Horizons in NARFE”  
Host: Utah Federation, President  
Host Chair: Isabel Sullivan, Chapter 155
10. October 1-3, 2009 – Holiday Inn, Cheyenne, WY  
Theme: “Facing Our Future Together”  
Host: Wyoming Federation President, Don Ryan  
Host Chair: Karen Dockter, Chapter 833
11. October 2-4, 2011 – Sheraton Albuquerque, Albuquerque, NM  
Theme: “Reaching New Heights Together”  
Host: New Mexico Federation President, Leon Garcia, PhD.  
Host Chair: Gloria Delgado, Chapter 80



**A MESSAGE FROM BETTY LUCERO-TURNER  
NARFE REGION VII VICE PRESIDENT**

I want to take this opportunity to express my appreciation for the support and commitment I have received from chapters and federations across the Region as I continue representing you in my capacity as Region VII Vice President. My thanks to each of you for the volunteer gift of time and effort undertaken daily on behalf of your fellow NARFE members.

During this Regional Conference I also want to publicly express my gratitude to the Regional Conference Committee for their hard work the past year to make this conference a success. I wish to recognize Gloria Delgado, Regional Conference Coordinator; Leon Garcia, New Mexico Federation President; Marlene Seaton, Advertising Chair; Mae Gardner, Registration Chair; Rick DeMello, Budget Chair; Kate Snowfleet, Entertainment Chair; Karen Nichols, Program Book Chair; and Harry Mattox, Budget Committee member.

**THANK YOU!**



**Sheraton**  
**Albuquerque**  
UPTOWN

*We know you had a choice,  
and we thank you for choosing  
Sheraton. Enjoy your  
Conference.*

*Edward & Jennifer*

# Reaching New Heights TOGETHER

*The Federation of New Mexico is Proud to Host the Region VII Conference in Albuquerque.*



*Welcome Arizona, Colorado, Wyoming and Utah.*

*Together we will reach new heights!*



## Colorado State Symbols & Emblems



White and Lavender Columbine



**"Nothing without the Deity"**  
*(Nil sine Numine)*



Lark Bunting



Colorado Blue Spruce



**"Nothing without the Deity"**  
*(Nil sine Numine)*



Rocky Mountain Bighorn Sheep



Colorado Hairstreak Butterfly



Greenback Cutthroat Trout



Western Painted Turtle

**COLORADO WISHES REGION VII  
A PROSPEROUS AND ENLIGHTENING 11TH  
BIENNIAL CONFERENCE**



**2011  
REGION VII  
CONFERENCE**

**PRESIDENT** - Rodney Adelman  
**VICE PRESIDENT** - Anita Wulf  
**SECRETARY** - Etta Bryant  
**TREASURER** - Jerry Goebel

**DISTRICT I VP** - Thad Andreski  
**DISTRICT II VP** - Jane Pall  
**DISTRICT III VP** - Dee Elgines  
**DISTRICT IV VP** - John Verrill  
**DISTRICT V VP** - David Foulk

**PAST PRESIDENT** - Linda Connelly

**ALZHEIMER'S** - Joanne Bartlett  
**FED. LEGISLATIVE** - Vern Pall  
**ST. LEGISLATIVE** - Richard Frederick  
**MEMBERSHIP** - Linda Connelly  
**NEWSLTR EDITOR** - Bob Elgines  
**ASST. NWSLTR EDITOR** - Larry Soule  
**PAC COORDINATOR** - Vern Pall  
**PARLIAMENTARIAN** - Paul Lamb  
**SERVICE OFFICER** - Richard Yee  
**WEBMASTER** - Bob Elgines



Web Site: [www.narfeaz.com](http://www.narfeaz.com)

**ARIZONA FEDERATION OF NARFE CHAPTERS**  
**CONGRATULATIONS FROM THE CHAPTERS OF DISTRICT I**  
**VALLEY OF THE SUN**

**THAD ANDRESKI**  
***District I Vice-President***  
**Arizona Federation of Chapters**  
Phone: 928-252-6743  
E-mail: [tandreski@cox.net](mailto:tandreski@cox.net)



<http://www.narfeaz.com>

**Chapter 1395, Valley West**

**President: John Jones**  
Phone: 623-915-2977  
E-mail: [jandj2005@earthlink.net](mailto:jandj2005@earthlink.net)  
Meets: 3<sup>rd</sup> Wed, monthly, year around  
Brothers Family Restaurant  
8466 West Peoria Ave  
Peoria, AZ - - 12 noon

**Chapter 1485, Greenway/Sun City**

**President: Loren Littlefield**  
Phone: 623-933-5462  
E-mail: [littlefield1@cox.net](mailto:littlefield1@cox.net)  
Meets: 3<sup>rd</sup> Wed, monthly, Sept-May  
Tivoli Gardens Restaurant  
14636 N. Del Webb Boulevard  
Sun City, AZ - - 11:30 am

**Chapter 1789, Sun City West**

**President: Ron Castaneda**  
Phone: 623-546-5596  
E-mail: [its4ronnie@gmail.com](mailto:its4ronnie@gmail.com)  
Meets: 4<sup>th</sup> Thur, monthly, Sept-May  
Quail Room SCW Bldg, SE corner  
RH Johnson & Stardust Blvds  
Sun City West, AZ - - 1:00 pm

**Chapter 1686, Sunnyslope**

**President: Virginia Ginter**  
Phone: 602-942-6093:  
E-mail: [alnav@juno.com](mailto:alnav@juno.com)  
Meets: 3<sup>rd</sup> Fri, Sept-May  
Cross Roads Methodist Church  
7901 N. Central Avenue  
Phoenix, AZ - - 12:30 pm

**Chapter 1905, Casa Grande Valley**

**President: Dave Hardee**  
Phone: 520-316-9780  
E-mail: [bettyhardee@msn.com](mailto:bettyhardee@msn.com)  
Meets: 2<sup>nd</sup> Fri, Oct-May  
Pearl Adult Center  
350 East Sixth Street  
Casa Grande, AZ

Chapter 1506, Central Phoenix  
In memorial for 34 years of  
service to the NARFE community



# Best Wishes for a Successful Region VII Conference in Albuquerque, New Mexico



*“Reaching New Heights Together”*

## From the Chapters of District II In Arizona

District II Vice President—Jane Pall  
Phone: 520-760-1952  
Email: vejapall@comcast.net



### Copper State Chapter 2337

President: Don Colson  
Phone: 520-515-8482  
Email: dj.colson@hotmail.com

### Roadrunner Chapter 1874

President: Cris Gumbmann  
Phone: 520-877-9983  
Email: crisgumbmann@q.com



### Sierra Vista Chapter 1400

President: Clemens Bredeson  
Phone: 520-417-1645  
Email: brede@theriver.com

### Green Valley Chapter 1061

President: Jackie DeHart  
Phone: 520-207-0957  
Email: teddehart1@cox.net

### Tucson Chapter 55

President: Etta Bryant  
Phone: 520-904-5209  
Email: mebfreespirit@msn.com

*Arizona's Oldest NARFE Chapter  
Celebrating 60 years in 2011*

**NARFE RIO RANCHO 1381  
CONGRATULATIONS CHAPTER 182 ON HOSTING  
THE 50<sup>TH</sup> NEW MEXICO FEDERATION CONVENTION**



**THE CITY OF VISION**

*Kay, Wally, Clarence, Alice, Marlene, Ray, Lucy, Juan, James, Janine,  
Jack, Amy, Flossie, Liz, Joe, Alicia, Jove, Leon, Ken, Glenn, Maude*

**"Soul of the Southwest"**  
**Reach New Heights**



**TMBRA**  
*Taos Mountain Balloon Rally Association*

and

**Taos Chapter 1401**

***Wish you a successful  
and fun Region VII  
Conference!***

Come join us for the 29<sup>th</sup> annual  
Taos Mountain Balloon Rally

**October 28, 29 & 30, 2011**

For more information visit [taosballoonrally.com](http://taosballoonrally.com)



**alzheimer's association**  
new mexico chapter

- Care Consultation
- Education – Family & Professional
- Advocacy & Public Awareness
- Support Groups
- Information & Referral
- Respite Reimbursement
- Volunteer Opportunities
- Safety Programs

**Our Vision... A world without Alzheimer's**

505.266.4473 | 24/7 Helpline 1.800.272.3900 | [www.alz.org/newmexico](http://www.alz.org/newmexico)

**CARLSBAD CHAPTER 796**

**SENDS GREETINGS**

**REGION VII**

**CONVENTION**



**ALBUQUERQUE NEW MEXICO OCTOBER 2011**



*The Wyoming Federation Chapters  
would like to wish you a successful Conference*

*Chapter #358 Casper, WY*

*Chapter #291 Cheyenne, WY*

*Chapter #1037 Lander/Riverton, WY*

*Chapter #833 Laramie, WY*

*Chapter #452 Sheridan, WY*

*Chapter #922 Torrington, WY*

**President Janice Baker and NARFE Chapter 186**  
*cordially invite you to join us in*

**Santa Fe**  
**April 19-21, 2012**

*Come explore our theme:*

**It's  
Not  
Just  
About Us**



*and celebrate  
New Mexico's  
admission  
to the Union  
100 years ago!*

**CHAPTER 0922—Torrington, WY  
Wishes the New Mexico Federation  
A Successful Conference**

***“Reaching New Heights Together”***

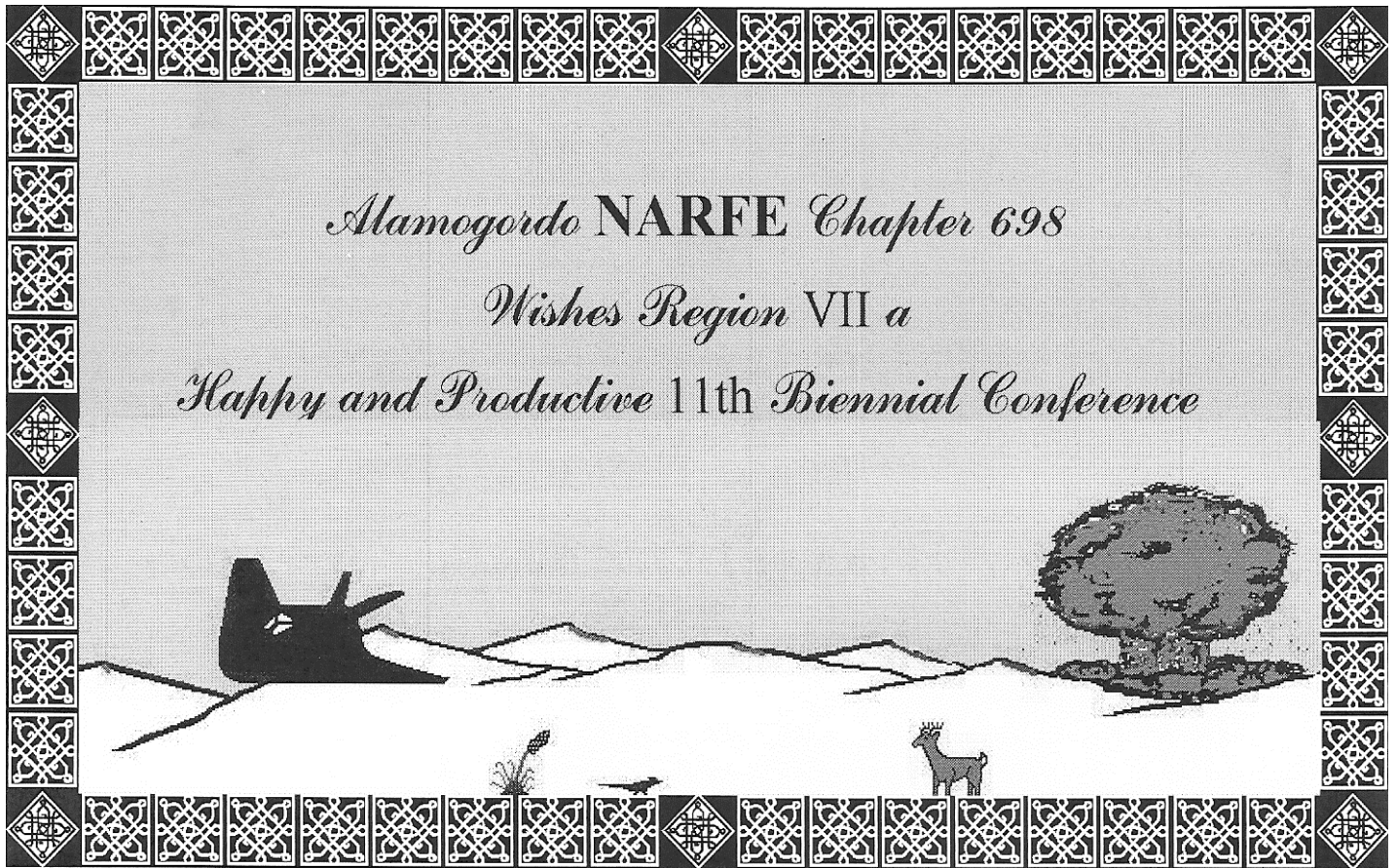
**And Sends Greetings  
To Our Friends in the Region**

**NARFE Las Cruces Chapter 182  
Welcomes You to New Mexico**

and the  
**NARFE Region VII  
Biennial Conference!**

*Let's All Strive to  
Reach New Heights  
Together!*





*Alamogordo NARFE Chapter 698*

*Wishes Region VII a*

*Happy and Productive 11th Biennial Conference*



**DUKE CITY CHAPTER, #1411  
NATIONAL ACTIVE AND RETIRED FEDERAL  
EMPLOYEES**

**BEST WISHES FOR A VERY  
SUCCESSFUL REGION VII  
CONFERENCE  
2-4 OCTOBER 2011**

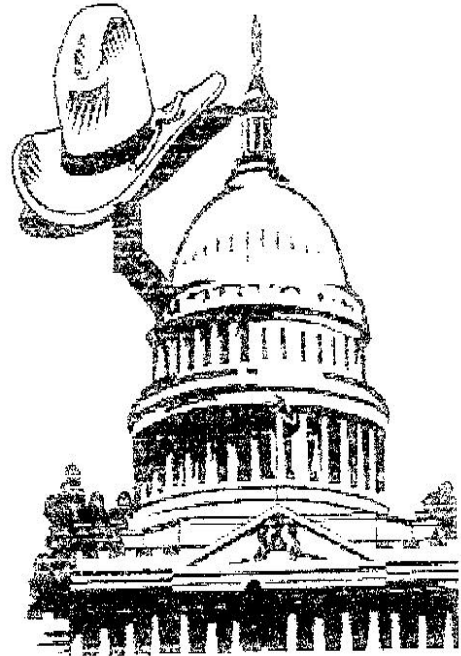
# GREETINGS

And a 'tip of our hat'  
To our hosts for

REGION VII  
11<sup>th</sup> Biennial Conference

Capitol City Chapter 1119  
42 years of service to our members  
1969 – 2011

President: Eva Heller    1<sup>st</sup> VP: James Dodrill  
2<sup>nd</sup> VP: Herb Homan    Secretary: Paul Whitehurst  
Treasurer: Hank Kaplan



**MORY LEWIS CHAPTER 1085**  
Sends Best Wishes to the 2011 Region VII Conference  
We meet the second Tuesday at 1 P.M.  
St. Paul's Episcopal Church  
10<sup>th</sup> and Garrison Streets  
Lakewood CO

**National Active & Retired Federal Employees  
Colorado Federation District VI**



**Chapter 820**



**Sends Best Wishes  
for a  
Successful 11<sup>th</sup> Biennial Region VII Conference**



***Start a new career in  
a rewarding field.***

Students gain real-world experience in many different disciplines, including having the opportunity to climb the College's 1.5 megawatt wind turbine at the new North American Wind Research and Training Center.



Mesalands Community College offers programs in:

- Animal Science
- Automotive/Diesel Technology
- Business
- Farrier Science
- Fine Arts/Bronze
- Silversmithing
- University transfer programs
- Wind Energy Technology



**MESALANDS COMMUNITY COLLEGE**

911 South Tenth Street • Tucumcari, NM 88401  
(575) 461-4413  
[www.mesalands.edu](http://www.mesalands.edu)



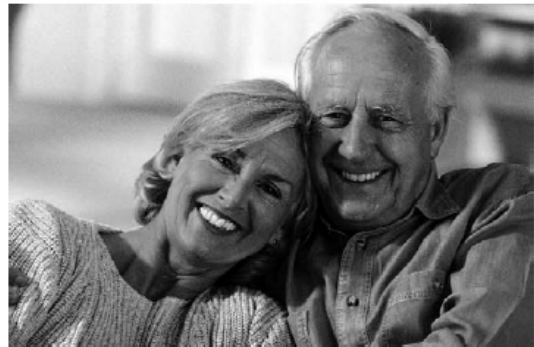
## Proudly Serving Federal Employees and Annuitants For 65 Years

### Health Insurance

*Open to all federal employees and retirees*, you have the freedom to choose your own doctor along with access to a nationwide network of CIGNA PPO providers.

Is Medicare your primary insurance plan? If you have Medicare Part B, SAMBA's economical Standard Option is just right for you. SAMBA automatically coordinates your claims with Medicare, which means you will not need to file a claim form – it's done for you!

Check the SAMBA website often for the most up-to-date information and to request 2012 Health Plan information.



Federal Employee  
Benefit Association

### Dental and Vision Care Plan

Supplement your health plan coverage by choosing one of SAMBA's affordable dental plan options. *Enrollment in the SAMBA Health Plan is not required.* Regardless of the dental plan option you choose, you will receive Vision Care Benefits, too.

Enroll at any time – It's fast & easy! All forms may be downloaded from the SAMBA website.

For more information call

**1-800-638-6589**

or visit us online at

**[www.SambaPlans.com](http://www.SambaPlans.com)**

## *Best Wishes for a Successful and Fun Region VII Conference*



*Happy to be one of the Sponsors  
Chapter 80 Albuquerque*

Here's hoping Region VII can  
**REACH NEW HEIGHTS !!**



New Mexico Gallup McKinley County  
Chapter 1380 505.863.5712  
mjjennings@cnetco.com  
**Wishing Albuquerque Chapter 80 Well!**

**WELCOME CONVENTION  
ATTENDEES**

FROM **CHAPTER 0118**  
PUEBLO, COLORADO

HOME CHAPTER TO  
BETTY LUCERO-TURNER,  
REGION VII VICE PRESIDENT



*WORKING TOGETHER – BUILDING A  
STRONGER NARFE*

**BEST WISHES for a  
SUCCESSFUL  
REGION VII BIENNIAL  
CONFERENCE  
from  
CHAPTER 821  
LOVELAND, COLORADO**

**Best Wishes for a great conference**

**NARFE Chapter #358**

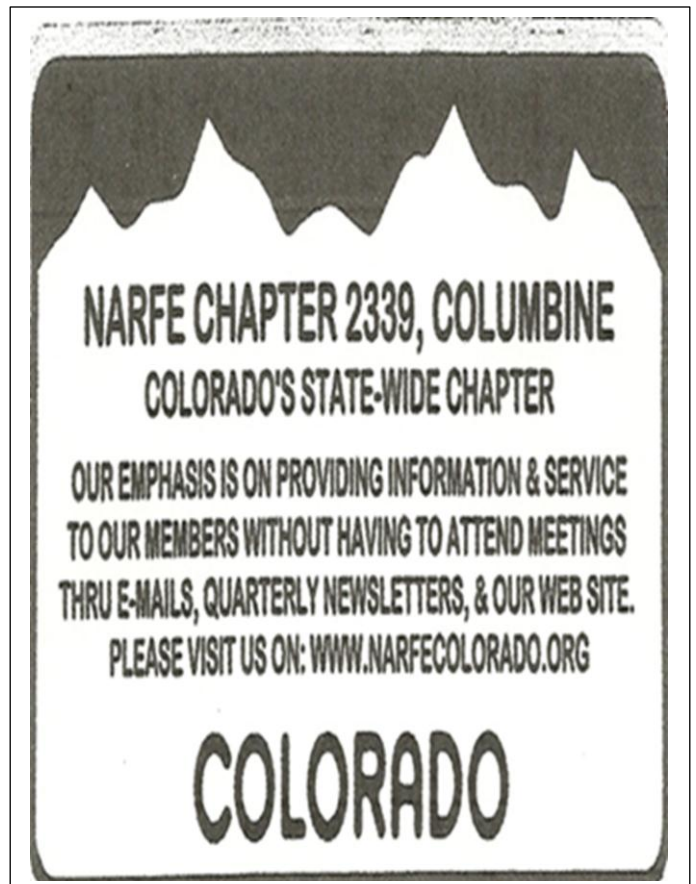
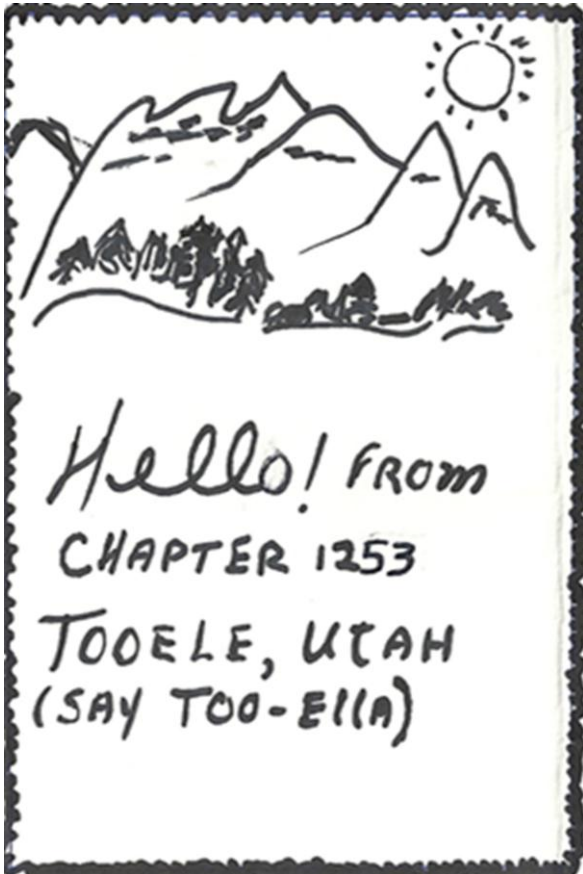
**Casper, WY**



# UTAH FEDERATION of NARFE

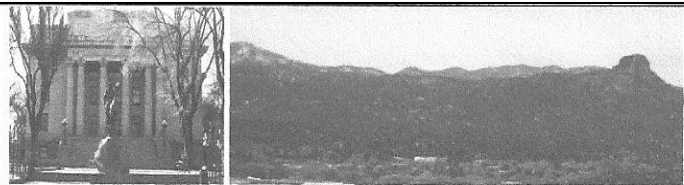


**Sends best wishes for a successful  
Region VII Conference!!**





*Tucumcari Convention Center*  
 P.O. Box 1188  
 1500 W. Historic Route 66  
 Tucumcari, N.M. 88401  
 575-461-3064  
 575-461-1838  
[www.cityoftucumcari.com](http://www.cityoftucumcari.com)  
*Jessica Elebario, Director*



**NARFE Chapter 321 Prescott, AZ**

President	Van Gerdes & Dorothy Lunn
1 <sup>st</sup> VP (Programs)	Lee Nackman
2 <sup>nd</sup> VP (Legislation)	Sarah Mowglewer
Secretary	Harriet Pruitt & Mary Day
Treasurer	Elberta Fritz

Contact 928-541-1614



National Active and Retired  
 Federal Employees Association

2002 Chantilly Drive  
 Sierra Vista, AZ 85635-4866

Phone: 520-458-3923

[www.narfe.org](http://www.narfe.org)

**NANCY GOLDCAMP**  
*Region VII Coordinator*  
**NARFE-Alzheimer's**  
*National Committee*  
[ngoldcamp@cox.net](mailto:ngoldcamp@cox.net)



**NARFE**

National Active and Retired Federal Employees Association

**“The West at its Best”**

**Chapter 0452 Sheridan, Wyoming**



**REACHING NEW HEIGHTS TOGETHER!**

2011 NARFE REGION VII 11th BIENNIAL CONFERENCE

Hosted by: New Mexico Federation of Chapters



**CONGRATULATIONS!**

**Tempe Chapter 1505 (Arizona)**

**Wishes you a Successful Conference!**



**Tucumcari, NM  
Chapter 1387**

Wayne Huffman, President



Salute our Region VII Vice  
President

**Betty Lucero-Turner** and  
fellow NARFE Members  
**“Together We Can  
Reach New Heights”**

**Best Wishes for a  
SUCCESSFUL  
Region VII Conference  
in Albuquerque**



**Chapter 291  
Cheyenne, Wyoming**

**Greetings**

From Bradshaw Mountain  
Chapter #2106  
Prescott Valley, Arizona

**THANK YOU FOR  
HOSTING THE**

**NARFE REGION VII  
11th BIENNIAL  
CONFERENCE 2011**

**Representing the Pikes Peak Region**



**Members of**

**Chapter 241 Colorado Springs, Colorado**

**Send Best Wishes for a Productive and Successful  
NARFE 2011 REGION VII CONFERENCE**

## Greetings and Well Wishes from NARFE Members...

### Arizona Chapters

<b>55 Tucson</b>	<i>Eric Gustafson</i>	<b>1686 Sunnyslope</b>
<i>Shirley Beene</i>	<i>Karen Gustafson</i>	<i>Dale Armstrong</i>
<i>June Berkey</i>	<b>321 Prescott</b>	<i>Elaine Caves</i>
<i>Chuck Brumfield</i>	<i>Carl M Day</i>	<i>Lynn Engles</i>
<i>Nota Brumfield</i>	<i>Mary H. Day</i>	<i>Virginia Ginter</i>
<i>Etta Bryant</i>	<i>Emil Forck</i>	<i>Clarice Pharo</i>
<i>Mike Bryant</i>	<i>Elberta Fritz</i>	<i>Jean Rigtrup</i>
<i>Maria Campbell</i>	<i>Becky Gerdes</i>	<i>Tom Solnit</i>
<i>Delores Faison</i>	<i>Van Gerdes</i>	<i>Eldine Van Beers</i>
<i>Jack Garrett</i>	<i>Dorothy Lunn</i>	<i>Richard Yee</i>
<i>Eric Gustafson</i>	<i>Larry Lunn</i>	<i>Roberta Yee</i>
<i>Karen Gustafson</i>	<i>Harriet Pruitt</i>	<i>Dale Armstrong</i>
<i>Portia Hayward</i>	<i>Evelyn Verrill</i>	<b>1789 Sun City West</b>
<i>Howard Jones</i>	<i>John Verrill</i>	<i>Gina Adelman</i>
<i>Pat Keeler</i>	<b>1395 Valley W. Glendale</b>	<i>Rodney Adelman</i>
<i>Jane Pall</i>	<i>Thad Andreski</i>	<i>Charlotte Webster</i>
<i>Vern Pall</i>	<i>Carl Arterberry</i>	<i>Dale Webster</i>
<i>Richard Rowland</i>	<i>Viola S. Barfield</i>	<b>2106 Bradshaw</b>
<i>Annabel Schumm</i>	<i>Sharon Brown</i>	<i>Ben Allen</i>
<i>Jim Stone</i>	<i>Janet Cook</i>	<i>Ber Allen</i>
<i>Jim Ward</i>	<i>Jackie Cunningham</i>	<i>Donna Barr</i>
<i>Eileen Weick</i>	<i>Delma Ellis</i>	<i>Ken Barr</i>
<i>Ray Weick</i>	<i>Ruth Fowler</i>	<i>Ginny Bruhn</i>
<i>Brenda White</i>	<i>Samuel Headen</i>	<i>Dora Curren</i>
<i>Dianne Williams</i>	<i>Sandra Headen</i>	<i>Zandi Dillon</i>
<i>Carolyn Zelek</i>	<i>John E. Jones</i>	<i>Jerry Egenberger</i>
<i>Shirley Beene</i>	<i>Margaret Martin</i>	<i>Lyn Egenberger</i>
<i>June Berkey</i>	<i>Ed Mirasol</i>	<i>Marty Grossman</i>
<i>Chuck Brumfield</i>	<i>Jack Podel</i>	<i>Bill Pierce</i>
<i>Nota Brumfield</i>	<i>Mary Ann Swanson</i>	<i>Lester Quitey</i>
<i>Etta Bryant</i>	<i>Ellie Trujillo</i>	<i>Helen Ruddel</i>
<i>Mike Bryant</i>	<i>Ray Zajic</i>	<i>Bill Staggs</i>
<i>Maria Campbell</i>	<b>1485 Greenway-Sun City</b>	<i>Anita Wulf</i>
<i>Delores Faison</i>	<i>May Cullen</i>	
	<i>Loren Littlefield</i>	

## Greetings and Well Wishes from NARFE Members...

### Colorado Chapters

821 Loveland	1085 Mory Lewis	
<i>Jim Baldwin</i>	<i>Martin Buffo</i>	
<i>Sue Baldwin</i>	<i>Charles Carter</i>	
<i>Dana Carlson</i>	<i>Carolyn Clark</i>	
<i>Lois Kemerer</i>	<i>Lynn Jamison</i>	
<i>Connie Ninneman</i>	<i>Gil Leyla</i>	
	<i>Nancy Richardson</i>	
	<i>Marilyn Spiegel</i>	

### New Mexico Chapters

80 Albuquerque		
<i>Rhoda Bernstein</i>	<i>Marie Farnsworth</i>	<i>Zoa Mattox</i>
<i>Anita Blanton</i>	<i>Esequiel Garcia</i>	<i>Eleanor Otero</i>
<i>Ed Blanton</i>	<i>Mae Gardener</i>	<i>Connie Perea-Peritore</i>
<i>Simone T. Brown</i>	<i>Lucy M. Griego</i>	<i>Virginia Herman Pool</i>
<i>Nancy Brunson</i>	<i>Julia Gurule</i>	<i>Felice N. Silva</i>
<i>Marge Clark</i>	<i>Elenor R. Harris</i>	<i>Alice Stark</i>
<i>Gloria Delgado</i>	<i>Milton Johnson</i>	<i>David &amp; Marcella Tapia</i>
<i>Hector Delgado</i>	<i>Ardyce Kirk</i>	<i>Earl Williams</i>
<i>Charles Duvall</i>	<i>Harry Mattox</i>	<i>Conway &amp; Eunice Wood</i>

### Utah Chapters

155 Salt Lake City	320 Ogden	1253 Tooele
<i>Nancy Carlson-Gotty</i>	<i>Ludean Burton</i>	<i>Herold Fetzer</i>
<i>Jean Casper</i>		<i>Wilma Goins</i>
<i>E. John Light</i>	735 Logan	<i>Gene May</i>
<i>Richard Page</i>	<i>Gerald Olson</i>	<i>George Niskala</i>
<i>Floyd Rushton</i>	<i>Marty Taylor</i>	<i>Emery Price</i>
<i>Louise Stowe</i>	<i>Wallace Taylor</i>	<i>Marla Ramey</i>
<i>Isabel Sullivan</i>		<i>Mark S. Stookey</i>
<i>Billie Toone</i>	830 Bountiful	<i>Harold Webster</i>
<i>Julie Wilcox</i>	<i>Blaine Busenbark</i>	
	<i>Colleen Busenbark</i>	
	<i>Nona Swenson</i>	

# FRUSTRATED

With Your Financial Institution?



Our Little Rates Will Get You Smiling.

- Auto Loans
- Credit Cards
- Mortgages
- Small Business Loans
- Business Lines of Credit



**U.S. New Mexico**  
**FEDERAL CREDIT UNION**

*We are "The Eagle"*

**(505) 342-8888 • [usnmfcu.org](http://usnmfcu.org)**

# Explore

what NARFE Premier Federal Credit Union can do for you.

- **Low rate loans** – auto, mortgage, HELOC, debt consolidation, and credit cards
- **High interest checking** – no minimum balance
- **Easy account access** – Mobile banking, scanAcheck, Online Banking and Bill Pay
- **Savings** – Money Market, Share Certificates, and Club accounts

**NARFE**  
Premier Federal Credit Union™

**800.328.1500**  
**NARFEpremierFCU.org**

Your savings belong to you. Invested in at least \$250,000  
and backed by the FDIC and credit of the United States Government

**NCUA**  
National Credit Union Administration, a U.S. Government Agency

# WELCOME

to the National Active and Retired Federal Employees Association 11th Biennial Region VII Conference.



Federal Employee Program

[www.fepblue.org](http://www.fepblue.org)

Stop by the Blue Cross and Blue Shield table to:

- ▶ Ask about 2011 updates on:
  - Preventive care benefits
  - Prescription drug benefit changes
  - Hearing aid benefit
- ▶ Talk with a representative about the Service Benefit Plan
- ▶ Obtain helpful information about 2011 benefits

The following Blue Cross and Blue Shield Plans proudly serve NARFE Region VII chapter members. Please contact Customer Service with any questions.

Blue Cross and Blue Shield of Arizona.....	800-345-7562
Blue Cross and Blue Shield of Colorado .....	800-852-5957
Blue Cross and Blue Shield of New Mexico.....	800-245-1609
Blue Cross and Blue Shield of Utah.....	800-421-4498
Blue Cross and Blue Shield of Wyoming.....	307-634-1393

54590.0611

# GEHA is here for you today and down the road. We are proud to support the Region VII Biennial Conference.

GEHA provides comprehensive health care coverage for federal employees, retirees and their families. We also offer helpful information and programs that can assist you in leading a healthier lifestyle. All of us at GEHA are proud to recognize the National Active and Retired Federal Employees Association on its 90th anniversary.

(800) 821-6136 | [www.geha.com](http://www.geha.com)



 Connect with us: [Facebook.com/GEHAhealth](https://www.facebook.com/GEHAhealth)

 Follow us: [Twitter.com/GEHAhealth](https://twitter.com/GEHAhealth)

 Watch us: [YouTube.com/GEHAhealth](https://www.youtube.com/GEHAhealth)

This is a brief description of the features of Government Employees Health Association, Inc. Before making a final decision, please read the GEHA federal brochure, FI 71-006. All benefits are subject to the definitions, limitations and exclusions set forth in the federal brochure.



**The Benefits of Better Health**

© 2011 Government Employees Health Association, Inc. All rights reserved.

Close to Home... Far from Ordinary.



**Get \$25 & 3X points**

**Instant Rewards Guaranteed!**

You'll get \$25 in either FREE slot play or table games FREE play  
when you join the Peak Rewards Players Club

**JOIN TODAY IT'S FREE!**

I-25 & Tramway | Albuquerque, NM | 505.796.7500 | 877.272.9199

**[www.sandiaresort.com](http://www.sandiaresort.com)**

**SANDIA**  
*Resort & Casino*