



NARFE

National Active & Retired Federal Employees Association

Protecting the Future for Retired and Current Federal Employees

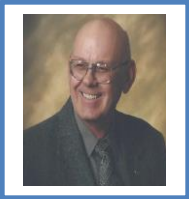
Chapter 182 Reporter

Las Cruces, New Mexico Volume 17, Issue 1 – August 2016

National Web Site: www.narfe.org

Local Web Site: <http://www.narfe-nm.net/ch0182/ch0182.html>

August is NARFE's "Grass-Roots Advocacy Month" – See Page 2, Col 2



Chapter President

Roy Willoughby

Greetings from our air-conditioned retreat, hiding away from this very hot and relentless summer heat spell. We are looking forward to going to this year's NARFE National Convention which will be held on the 28th of August to the 1st of September 2016 in the Grand Sierra Resort in Reno, NV. This will be a very important convention because we will be discussing and voting on a possible realignment of our entire NARFE operational structure.

In preparation for this biennial convention, the Executive Board along with the Chapter's delegates to the convention, will be reviewing the proposed national bylaws and standing rule amendments and proposed resolutions.

Our May chapter meeting was a fascinating program on the historical Southwest 1800's by Mr. Bill Cavaliere with interesting stories about Geronimo and the Chiricahua Apaches.

In September we will be embarking on this year's new adventure starting with our yearly Legislative meeting with a special emphasis on the upcoming elections. Our future programs will be dedicated to sharing information vital to your needs and to have fun in the process.

We very much want to encourage all chapter members to participate in every aspect of our organization. Please consider coming to our Executive Board meetings and become involved as committee members. Our successful future depends on continuing to have as many members as possible be a part of this year's exciting adventures.

*Chapter Program
Chair*



Franklin McKay

*Saturday, September 10th, 8:30 a.m.,
Esperanza Room, Hilton Garden Inn,
2550 Don Roser*

Mark your calendars now so that you won't miss out on all the upcoming programs for our chapter meetings:

Sep10 – Legislative Program - (We will invite our Legislators to come speak about issues important to us. Please attend this meeting and bring your questions and a guest. We need everyone to attend this meeting!)

Oct 8 - Alzheimer's Program - (We will have a local Alzheimer's care specialist speak to us about this devastating disease and give us updates on new findings and research.)

Nov 12 – Federal Employees Health Benefits Program (FEHB) – (FEHB representatives will provide us with information regarding plans, rates, coverage, etc. The entire program will be dedicated to insurance, so bring all your questions.)

Dec 10 – Holiday Program – (We are excited to have a program again this year by the New Desert Harmony Singers. This will be their sixth performance for our Chapter. Please bring a guest to share in the warmth of the Holiday Season.)



Sunshine Report

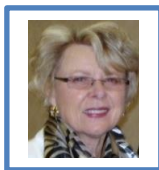


We have been experiencing lots of high temperature days this summer. At times it seems like there is almost too much sunshine. We deal with this by working outdoors and running errands during the cooler morning or evening hours. Some of us escape on vacations, trips to the mountains or visits to the swimming pool or lake. We hope you are enjoying the summer days that are left, and that you are ready for the change of pace September brings.

Since our last meeting and newsletter, I sent a Get Well card to Cathy Phillips who spent some time in the hospital in early summer. A sympathy card was sent to the family of Else McClure, one of our chapter members who passed away in mid-May. A sympathy card was also sent to Louis Corpening who recently lost his Mother. A Thinking of you card was sent to Raymond & Martha Griego, who were going through some health issues. I visited Wanda Wallace after hearing that she had fallen and spent some time in rehab. She is doing well now.

Please let me know if you hear of a member who is ill, has passed away or could use a little sunshine in their life.

Marcele: 575-521-4954 or at marcele@skelton.net.



2nd VP for Legislation

Mary Ellen McKay

August is a crazy month in a Presidential election year. Having said that, we still need to be aware of the Legislative priorities for Federal Employees and Retirees. Because of the presidential nominating conventions, the traditional August congressional recess has been extended by two weeks. Both the House and the Senate are adjourned from July 18 to September 6.

NARFE suggests we use the time they are not in session to make personal contacts with our Legislators and bring them up to date on our issues, current bills and concerns. We are encouraged to attend events where the Congressmen and Senators will be speaking and appearing. If I hear of any big events in Dona Ana County I will try to let you know. I suppose the local newspapers are still the best way to get that information.

Please drag out your August issue of the *narfe* magazine and turn again to page 8. It is the best way to get the information you need to be active as an advocate for our issues. It outlines "What Should I Talk About", "How Can I Take Action" and "Tell Us About Your Advocacy". Everything you need to know is right in that article and it also directs you to other sources of information.

I know most of you have already read the article and are lining up the actions you plan to take, but I just wanted to remind all of us about the importance of doing so. Good luck!



**Carol Main
Records Officer**

**Welcome:
Jeanne Gleason
Samuel Nantze**

**Welcome back:
Patricia King
Jose Navarro**

**New Prospective Members:
Blanca Maldonado
Hipolito Mendez
Donna Petersen
Denise Sanchez**

We would like to see you at the September 10 meeting. Come meet your fellow chapter members.

Our chapter membership is 331 members strong!



May 14, 2016 Breakfast Meeting

**Number Attended - 53
Volunteer Hours - 527**

**Prospective Members
Kimie Allison
Sharon Mann**

**Guests
Chris Kahle
Dee Baas
Mariana Riveria**



*Judy Rosco
VP for
Membership*

Whew! It has been a hot summer here in Las Cruces and I hope you are staying cool. But business for NARFE continues, regardless of the heat.

Sharon Reese and I attended two retirement seminars at White Sands Missile Range in June: FERS and CSRS. We talked about what NARFE has been doing for the Federal community and how to keep our earned benefits from dwindling any further.

We visited with old friends and made some new ones. I hope to see everyone at our September Legislative meeting at the Hilton Garden Inn, September 10th, at 8:30 am for our general membership breakfast meeting.

Telephone Committee (Carol Main)

Carol Smith and I will remain the co-chairs for the Telephone Committee when our meetings resume in September.

We would like to thank all our callers, *Nancy Banks, Martha Beerman, Joy Davenport, Allaire Dunn, Craig Singleton,* and *Cynthia Zaklan* for all their hard work and perseverance this past year.

We are currently updating our caller lists for the upcoming meetings which start in September. If you are receiving phone calls about the meetings or volunteer hours and have been unable to attend or report any volunteer hours for the past year, please let us know if you would like to continue receiving telephone reminders.

If you have not been receiving calls and would like to be added to the call list, please call Carol Smith at **522-3033** or Carol Main at **382-7686**. When you are contacted in September, please report volunteer hours for May, June, July and August. Hope to see all of you at the September 10 meeting.



**May 2016 Meeting
Distinguished Members**



It was a great pleasure to have some of our NARFE Chapter Distinguished Members attend our May meeting! Many of them hadn't been able to attend meetings in a long time, so it was wonderful to see and talk to them again. We thank them for joining us and hope they enjoyed themselves. We hope they will come back to more meetings in the future.

- Mel Barlow*
- Marie Galos*
- Albert Garcia*
- Clariece Hall*
- Dorothy Hays*
- Allen Lindley*
- Bobbie Logan*
- Mario Luna*
- Jim Martin*
- Myrtle Silva*



Service Officer Report (Jim Kielty)

CPI-W FIGURES SHOW INCREASES FOR MARCH, APRIL, AND MAY 2016

The Consumer Price Index for Urban Wage Earners and Clerical Personnel (CPI-W), used to determine if Social Security recipients, federal retirees, and survivor annuitants will receive a Cost-Of-Living-Adjustment (COLA) in 2017, showed steady monthly increases in March, April, and May 2016. This reversed a trend in which the CPI-W showed declines in four of the five previous months between October 2015 and February 2016.

The CPI-W for March was 232.209, a one month increase of 0.54 percent. In April the CPI-W rose to 233.438, an increase of 0.53 percent. To determine if there will be a COLA in 2017, the CPI-W monthly figures for July, August, and September 2016 will be averaged and compared with the 2014 third quarter average of 234.242 which is the reference point for determining a 2017 COLA authorization. The May CPI-W figure rose to 234.444, a one month increase of 0.43 percent. The 234.444 figure is now 0.09 percent higher than the 234.242 2014 third quarter average which is the reference point. If these monthly CPI-W increases continue through September 2016, there likely will be some level of COLA in 2017. Stay tuned for further developments.

NEW ALZHEIMER'S RESEARCH *(Sarah McAdoo)*

You go in to your eye doctor for your yearly exam. While you're getting the air puffed into your eye and the light shined into the back of your brain, the doctor notices something. The retina is a little off. It's not macular degeneration or general eye deterioration. She or he detects the early signs of Alzheimer's.

This could be a new reality for patients and doctors if research pans out at the University of Minnesota, where scientists are studying the progression of the disease in mice. What they found was that the retinas in older mice with Alzheimer's give off less light when a light source was shined on it. Scientists were able to measure that reflection using a retinal imaging device.

Until now, there's been no real way to detect Alzheimer's before it reaches the stage where the neurological symptoms show, symptoms like mood swings, memory loss, and paranoia. Doctors and researchers have been going on the idea that the disease works based on a buildup of Amyloid plaque buildup, which some theorize could be caused from infections. But if this research proves to be successful, this would give doctors the upper hand in diagnosing patients early on.

The researchers at The University of Minnesota plan to start clinical trials on people this month. Which in terms of progress, is pretty quick in the medical community. Hopefully, spotting early Alzheimer's will soon be as easy as getting your eyes checked. (www.alz.org)

**2016-2017 Chapter 182 Executive Board
and Committee Chair Roster**

Officers (Elected)	(Voting)	Email	Phone #
President	Roy Willoughby	rswillowbee@comcast.net	(575) 524-9395
1st VP Membership	Judy Rosco	rosco631@gmail.com	(575) 635-7127
2nd VP Legislation	Mary Ellen McKay	memckay1@comcast.net	(575) 527-4750
Secretary	Marlene Mayfield	mayfield195@msn.com	(575) 524-3927
Treasurer	Craig Singleton	scsingleton575@gmail.com	<u>(575)-373-0705</u>
Committee Chairs	(Voting)		
Member at Large	Sharon Reese	nmreeses@msn.com	(575)532-9422
Member at Large			
Alzheimer's/Newsletter	Sarah McAdoo	mcadoosr@aol.com	(575) 571-6364
Legislation	Mary Ellen McKay	memckay1@comcast.net	(575) 527-4750
Membership	Judy Rosco	rosco631@gmail.com	(575) 635-7127
Program	Franklin McKay	memckay1@comcast.net	(575) 527-4750
Public Relations	Marlene Mayfield	mayfield195@msn.com	(575) 524-3927
Records Officer	Carol Main	csmain7@gmail.com	(575) 382-7686
Service Officer	Jim Kielty	jkielty70@yahoo.com	(575) 523-6044
Sunshine	Marcele Skelton	marcele@skelton.net	(575) 521-4954
Telephone	Carol Smith	NA	(575) 522-3033
Ways & Means	Craig Singleton	scsingleton575@gmail.com	(575) 373-0705
Special Committee Chairs	(Non-Voting)		
Audit	Sharon Willoughby	swillowbee@comcast.net	(575) 524-9395
Budget	Craig Singleton	scsingleton575@gmail.com	<u>(575) 373-0705</u>
Historian	Dan Carroll	cardan116@comcast.net	(575) 932-9491
Logistics - Electronics	Bob Main	grmain@gmail.com	(575) 382-7686
Logistics - Room Control	John Reese	jcreese022@yahoo.com	(575) 532-9422
NARFE-PAC	Mary Ellen McKay	memckay1@comcast.net	(575) 527-4750
Officer Nominating	Irv Skelton	iwskelton@alaska.edu	(575) 521-4954
Parliamentarian			
Webmaster	Jeffrey Smith	postmaster@narfe-nm.net	(575) 525-8271
Past President	Emery Woodard	emerywoodard2@gmail.com	(575) 635-9569

(Marlene Mayfield/Secretary/May 2016)



National Active and Retired
Federal Employees Association
Chapter 182
PO Box 16424
Las Cruces, NM 88004-6424

Non-Profit Org.
US Postage Paid
Las Cruces, NM
Permit No. 643

Return Service Requested

You Need NARFE – And NARFE Needs You!

Chapter 182 Officers

President	Roy Willoughby
rswillowbee@comcast.net	(575) 524-9395
1 st Vice Pres. (Membership):	Judy Rosco
rosco631@gmail.com	(575) 635-7127
2 nd Vice Pres. (Legislation):	Mary Ellen McKay
memckay1@comcast.net	(575) 527-4750
Secretary	Marlene Mayfield
mayfield195@msn.com	(575) 524-3927
Treasurer:	Craig Singleton
scsingleton575@gmail.com	(575) 373-0705
Alzheimer's/Newsletter Editor	Sarah McAdoo
mcadoosr@aol.com	(575) 571-6364
NARFE-PAC:	Mary Ellen McKay
memckay1@comcast.net	(575) 527-4750
Program Chair:	Franklin McKay
memckay1@comcast.net	(575) 527-4750
Public Relations:	Marlene Mayfield
mayfield195@msn.com	(575) 524-3927
Records Officer:	Carol Main
csmain7@gmail.com	(575) 382-7686
Service Officer:	Jim Kielty
jkielty70@yahoo.com	(575) 523-6044
Sunshine:	Marcele Skelton
marcele@skelton.net	(575) 521-4954

Members of Congress

U.S. Senator Martin Heinrich (D)
Loretto Town Center
505 S. Main St., Suite 148, Las Cruces, NM 88001
(575) 523-6561
<http://www.heinrich.senate.gov>

U.S. Senator Tom Udall (D)
201 N Church St Suite 201B
Las Cruces, NM 88001
(575) 526-5475
<http://tomudall.senate.gov>

U.S. Representative Steve Pearce (R) (Dist 2)
570 N Telshor Blvd., Las Cruces, NM 88011
(855)473-2723
<http://www.pearce.house.gov>

NARFE Monthly Meetings

The Las Cruces Chapter of the National Active and Retired Federal Employees Association holds a breakfast meeting on the 2nd Saturday of each month except in June, July, & August. The meeting is held at the **Hilton Garden Inn, 2550 Don Roser Dr, Las Cruces**. Doors open at 8:30am (breakfast at 8:45am), and the cost is \$13. All members, those that might be interested in joining, and guests are most welcome. Membership is open to all federal civilian employees, retirees, their spouses, and surviving spouses. For reservations, contact **Carol Main (382-7686) or Carol Smith (522-3033)**

6 - or email: lascrucschapter182@yahoo.com.